

Defending Health Care in 2017: What's at Stake for Maine

With a new president and Congress, the health care gains made throughout the last six years face their greatest threat yet. Congress has voted more than 60 times to roll back the historic progress that has been made to expand health coverage to millions of people in this country and to improve coverage for those who already had it. These proposed changes will put the health—and lives—of countless Mainers at risk. Here's what Maine stands to lose if the new president and Congress move forward to upend our health care system:

Tens of thousands of Mainers stand to lose health coverage

95,000 Mainers stand to lose their health coverage.¹

Maine stands to lose **\$5 billion** in federal funding for Medicaid, CHIP, and financial assistance for marketplace coverage.²

Approximately **64,000** Mainers who currently get financial assistance to help pay for their health coverage will lose this help and will no longer have affordable coverage options. In 2016, Mainers receiving financial assistance saw their monthly premiums reduced on average **\$342** thanks to this help.³

The now-historically low rate of uninsured people will spike, with the number of uninsured in Maine increasing **122 percent** by 2019.⁴ This will reverse the immense progress that has been made to expand coverage. Between 2013 and 2015:

- » The number of uninsured in Maine declined **25 percent**.⁵
- » Working Mainers: The uninsured rate among working Mainers saw a **32 percent** decline.⁶

Repeal would put care for Mainers who rely on Medicaid at risk

Approximately **271,000** people, or **23 percent** of the state's population, rely on Medicaid for their health insurance.^{7,8} This includes thousands of people with disabilities, kids, seniors, and pregnant women. Without Medicaid, most of these Mainers will have no access to affordable care or long-term care.

We don't know what Congress has in store for the country's Medicaid program. But whatever they have in store will affect Maine's Medicaid program. We also know that a vote to repeal the ACA will throw the nation's entire health care system into chaos, putting Medicaid recipients at serious risk.

Mainers with private health insurance will be stripped of vital protections against discrimination

Approximately **590,000** Mainers with pre-existing conditions like asthma, diabetes, and cancer could once again be denied affordable, comprehensive coverage that actually covers their health care needs.⁹

Mainers will once again face a world where insurance plans routinely cap the most they will pay for someone's health care in a year and in their lifetime, effectively cutting off coverage for the sickest individuals when they most need it.

- » Roughly **431,000** Mainers (including **103,000** children) saw lifetime limits on coverage disappear thanks to the Affordable Care Act's ban on these practices.¹⁰

Hundreds of thousands of Mainers will lose guaranteed coverage of free preventive services, like recommended cancer screenings and vaccines

Approximately **588,000** Mainers with private health coverage (including **108,000** children) and **306,000** Maine seniors on Medicare will lose guaranteed access to free preventive care, like blood pressure screenings, immunizations, and cancer screenings.^{11,12}

Insurance companies will no longer be required to put Mainers' premiums toward care, not profits

Insurers will no longer be held accountable for using people's premium dollars on care and quality improvement or paying back the difference.

- » Mainers have received around **\$5.8 million** in refunds from plans that overcharged for premiums since the ACA took effect.¹³

Thousands of seniors and people with disabilities will lose comprehensive drug coverage

The Medicare donut hole will re-open. This will leave Maine's seniors and people with disabilities with a gap in prescription drug coverage and forced to pay thousands of dollars more in drug costs.

- » Seniors and people with disabilities in Maine have saved approximately **\$66 million** on drug costs thanks to the ACA's closing the Medicare donut hole.¹⁴
- » In 2015 alone, approximately **19,000** seniors and people with disabilities in Maine saved on average **\$986** on drug costs.¹⁵

Sources available online.